



Schuylkill Valley Middle School


February 2024



Every meal consists of servings from the following 5 meal components: Meat/Meat Alternate, Whole Grains, Vegetable, Fruit, and Milk

Students **MUST** select a **MINIMUM** of 3 meal components offered and 1 **MUST** be a fruit or vegetable

A selection of white and flavored 1% and skim milk are offered daily

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			Assorted Subway Subs French Fries & Glazed Carrots Fruit Choice	Toasted Cheese Sandwich, Tomato Soup, Corn Fruit Choice
5	6	7	8	9
Rotini w/ Meat Sauce & Garlic Toast Broccoli Tossed Salad & Fruit Choice	Spicy Chicken Patty on Bun Calif. Blend Veggies, Baked Beans Fruit Choice	Macaroni & Cheese w/Breadstick Peas & Tossed Salad Fruit Choice	Cheeseburger Glazed Carrots & French Fries Fruit Choice	Popcorn Chicken w/ Dinner Roll Green Beans, Au Gratin Potatoes Fruit Choice
12	13	14	15	16
Chicken Parm w/ Pasta, Tossed Salad & Green Beans Fruit Choice	Walking Tacos w/ Lettuce & Tomato, Corn and Mexican Beans Fruit Choice	General Tso's Chicken over Rice Broccoli & Celery Sticks Fruit Choice	Assorted Subway Subs Calif. Blend Vegetables, Cucumber Cups Fruit Choice	Chicken Tenders w/ Dinner Roll Glazed Carrots & Tater Tots Fruit Choice
19	20	21	22	23
NO SCHOOL HOLIDAY	Bacon, Egg and Cheese on Croissant Hash Brown Patty & Green Beans Fruit Choice	Chicken Patty on Bun w/ Glazed Carrots, Baked Beans Fruit Choice	Meatball Sub, Scalloped Potatoes & Broccoli Fruit Choice	Chicken Nuggets w/ Dinner Roll, Peas and Spiral Fries Fruit Choice
26	27	28	29	Meal Prices Breakfast - Free for all Students Lunch - \$ 3.10 - Paid
Penne Alfredo & Breadstick Green Beans & Tossed Salad Fruit Choice	Beef Nachos Grande' w/Lettuce & Tomato, Corn, Mexican Beans & Fruit Choice	Rib B Que Sandwich Broccoli & Celery Sticks Fruit Choice	Assorted Subway Subs French Fries & Glazed Carrots Fruit Choice	

**OFFERED DAILY - The following entrees will be offered daily as an alternate to the featured daily entrée -
PIZZA, PBJ UNCRUSTABLE SANDWICH, ITALIAN SUB, ENTRÉE SALAD W/ PROTEIN, YOGURT PARFAIT.**